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Updates on Arian Foster Reportedly Requiring Back Surgery, Missing 2013 Season

By
Timothy Rapp
(Featured Columnist) on November 10, 2013

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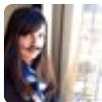
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Jamie Squire/Getty Images

Updates on Thursday, Nov. 14

Deepi Sidhu of HoustonTexans.com has an update from head coach Gary Kubiak on Arian Foster's back surgery:



Deepi Sidhu
@DeepSlant

Follow

Arian Foster had surgery today and is doing well. Ready to start recovery process, according to Kubiak. #Texans


11:45 AM - 14 Nov 2013

5 RETWEETS 1 FAVORITE

Blog has not been active within the past two hours.

2:49 PM ET Thu, Nov 14

From Deepi Sidhu of HoustonTexans.com:



Deepi Sidhu
@DeepSlant

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Kubiak;; Arian Foster will have surgery tomorrow in California. #Texans


11:16 AM - 13 Nov 2013

3 RETWEETS 1 FAVORITE

2:17 PM ET Wed, Nov 13

Updates for Tuesday, November 12:

From the Texans' official Twitter feed comes bad news on the running back's status:



Houston Texans
@HoustonTexans

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The Houston Texans have released FS Ed Reed & placed RB Arian Foster on IR. #Texans


12:46 PM - 12 Nov 2013

896 RETWEETS 291 FAVORITES

3:49 PM ET Tue, Nov 12

Updates for Monday, Nov. 11

Drew Dougherty of HoustonTexans.com has an update on Arian Foster from Wade Phillips:



Drew Dougherty
@DoughertyDrew

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Phillips: RB Arian Foster has a "disc problem" in his back, but "he's still on the roster." #Texans

1:38 PM - 11 Nov 2013


4:48 PM ET Mon, Nov 11

---Original Text---

In a season in which nothing has gone right for the 2-6 Houston Texans, things have just gotten worse. Running back Arian Foster will reportedly require surgery on his back and miss the remainder of the 2013

season.

ESPN's Adam Schefter was the first to report the news:



Adam Schefter
@AdamSchefter

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Texans RB Arian Foster has a bulging disc in back that is expected to require surgery. Three doctors recommending surgery. Question is when.

4:23 AM - 10 Nov 2013

418 RETWEETS 148 FAVORITES

Ian Rapoport of NFL.com added:



Ian Rapoport
@RapSheet


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Texans RB Arian Foster is out for the season, per sources. Multiple opinions revealed he needs back surgery.

4:27 AM - 10 Nov 2013

458 RETWEETS 72 FAVORITES

John McClain of the *Houston Chronicle* continued:




John McClain
@McClain_on_NFL

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Specialists told Foster to have the surgery for the ruptured or herniated disk. Texans have Ben Tate starting with 4 cracked ribs.

6:41 AM - 10 Nov 2013

13 RETWEETS 2 FAVORITES



John McClain [Follow](#)
@McClain_on_NFL

Arian Foster will have surgery 2 repair a herniated disk in Los Angeles. It'll be performed by Dr. Robert Watkins.

7:37 AM - 10 Nov 2013

21 RETWEETS 2 FAVORITES



John McClain [Follow](#)
@McClain_on_NFL

Dr. Robert Watkins is 1 of the foremost surgeons in the nation. He's been operating on athletics and celebrities for decades.

7:38 AM - 10 Nov 2013

2 RETWEETS 3 FAVORITES

ESPN's Tania Ganguli reports when Foster will undergo surgery:



Tania Ganguli [Follow](#)
@taniaganguli

Little more detail, [#Texans](#) running back Arian Foster will have his surgery on Thursday.

9:45 AM - 10 Nov 2013

4 RETWEETS 1 FAVORITE

He was inactive for Week 10. It's been a rough season for Foster, who battled with back issues in the preseason and recently had to deal with hamstring concerns. In eight games this year, Foster rushed for 542 yards and one touchdown, adding 22 receptions for another 183 yards and a score.

Those are hardly shabby numbers, though Foster was on pace for his fewest rushing yards and touchdowns since his rookie season of 2009. Surely, his injury concerns didn't help in that regard.

His absence is a major blow for a Texans team that has lost six games in a row. The team still has a very good backup in Ben Tate, though he is battling through four cracked ribs himself.

Dennis Johnson and Deji Karim are also available at running back for the Texans.

Questions about Foster's workload over the past three seasons will certainly be raised. Between 2010 and

2012, Foster averaged a whopping 371.7 touches per season. This year, he was on pace for just 286.

Did the Texans overwork him since 2010? Will we ever see Foster—who will be 28 next season—receive that many touches in a season again?

Perhaps in the future, the Texans would be wise to be a bit more cautious with their best offensive weapon, especially with a truly quality backup available. This year is a lost season, but surely the team can't afford to lose Foster for extended periods going forward.

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