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Dr. Robert Watkins, Sports Medicine.

By [Clay Fowler](#), Inland Valley Daily Bulletin

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Name: Dr. Robert Watkins III

Title: Co-Medical Director, Marina Del Rey Hospital Spine Clinic

Age: 71

The top echelon of sports surgeons may consist of only Dr. James Andrews and Dr. Robert Watkins III. An orthopedic spine surgeon whose practice is in Marina Del Rey, Watkins repaired Peyton Manning’s neck, Dwight Howard’s back and his clients include Wayne Gretzky, Don Mattingly, Troy Aikman and Joe Montana among many other distinguished athletes. The microdiscectomy surgery he performs on most of his sports clients provides relief for herniated discs. Watkins has strong ties to L.A. sports, having served as a consultant for the Dodgers, Kings and USC.

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