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Mets' David Wright Seeks Rehab 'Blueprint' From Los Angeles Back Specialist

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David Wright (credit: Al Bello/Getty Images)

NEW YORK (WFAN/AP) – Mets third baseman David Wright is eager to get back on the field.

He's hoping a trip to Los Angeles on Monday for an examination with noted back specialist Dr. Robert Watkins will help.

"This is part of the process," Wright said. "It's just a matter of doing what we can to get back on the field, and this is the next step. This isn't necessarily a second opinion, it's part of the process in getting better."

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The Mets' star hit the DL before last Wednesday's game after an MRI exam revealed a stress fracture in his lower back.

"This guy, from what I've been told, is one of the best back doctors in the country," said Wright. "With his team set up with the doctors we have, we should be able to put together a blueprint."

Wright's back had been bothering him since he made a diving tag on Houston's Carlos Lee during a game April 19 at Citi Field.

He kept playing through the injury, even though he had struggled at the plate, until the Mets pressed him to have the MRI exam last Monday.

The third baseman was shocked to learn the outcome, saying: "I thought it was just going to be a routine thing."

Wright is eligible to return on May 31.



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